



U3A Werribee Region Inc. Tri – Cycle Newsletter



P.O. Box 1264, Werribee Plaza, 3030 EMAIL: sec.u3awbee@hotmail.com

WEB: <http://www.u3awbee.net.au>

PLEASE NOTE: We have no office. For all inquiries refer to our website.

AUTUMN EDITION: No. 119 MARCH - MAY 2019



U3A WERRIBEE OFFICE BEARERS AND CONTACTS

Patrons: Mr K.S. Butyn Principal Werribee Secondary College:
Mr Tim Pallas MP Member for Werribee

Committee:

President: Dave Callan Email: president.u3awbee@gmail.com (note: it's **gmail**, not hotmail)

Vice President: Frank O'Shea

Treasurer: Jannette Allen Email: treas.u3awbee@hotmail.com

Secretary: Linda Kazlauskas Email: sec.u3awbee@hotmail.com

Membership Coordinator: Jannette Allen Phone: 9395 1606 Email: membership.u3awbee@hotmail.com

Course Co-ordinator: Lia Albergo Email: courses.u3awbee@hotmail.com

Committee Members: Brian Beck, Brian Kilfoyle, Merle Deslandes, John Preston, Lyle Raison, Adrian Cloonan and Don Lee.

UPCOMING EVENTS

2019 Term Dates

Term 2: 29 April - 21 June 2019

Term 3: 15 July - 13 Sep 2019

Term 4: 7 Oct - 29 Nov 2019

Morning Tea

Thursday 4 April at 9.30am at the Hoppers Crossing Sports Club (HCSC). April is fall prevention month and our guest speaker at the morning tea will be Raquel O'Donnell who will talk about fall prevention.

Social Activities

Various social activities and outings are organised for members and details are made available through email messages, notices given out during classes or may be included on our website.

FROM THE EDITOR'S DESK

March can still be a hot month but at least we are looking towards Autumn. Your editors Don and I happily welcome all members to Terms One and Two of 2019 and hope you all find classes to suit you. There is plenty of variety and the saying goes that 'Variety is the Spice of Life'. The supermarkets certainly seem to chase the calendar as they shift all signs of Christmas and install the hot cross buns and chocolates ready for Easter. Our young folk glory in it all... but we of the Third Age would probably like the world to slow down a little bit. Slow down? Slow down?? I think we would then grumble that life was getting dull. Life with U3A is never dull.



FROM THE EDITOR'S DESK (Cont.)

Well, it won't slow down will it? Please send your contributions for the newsletter to me at newsletter.u3awbee@hotmail.com

The deadline for the next issue is 10 May 2019

Cecilia Conway-Wright

FROM OUR U3A WERRIBEE PRESIDENT

Hello Everyone

As I am writing this, the weather has cooled down, thank goodness. I hope you coped with the heat.

By the time you read this the A.G.M. will have been and gone and all the existing committee are willing to continue with the exception of Glenys Welsh who has been on the committee for 6 years, including a term as our President, and whose latest job was looking after and finding speakers for the morning teas. Thank you Glenys for a job well done and for your length of time on the committee.



We have 12 people interested in learning Italian but we do not have a tutor. Surely someone in the Werribee area can come forward because after all Werribee has a great Italian heritage. If you are interested in helping, please contact our Course Coordinator, Lia Albergo.

I hope everyone is enjoying their classes especially the new classes that have started this year. The HCSC (Hoppers Crossing Sports Club) is undergoing some renovations at the moment and it means that our room is not available on certain days. Consequently some classes have had to be moved to other venues. Thank you for your patience.

I hope that you enjoy the year ahead with U3A Werribee.

Dave Callan.

AROUND THE COURSES

French

Voici une nouvelle année avec de nouveaux amis, quelle belle classe! (Here is a new year with new friends, what a beautiful class.)

We have started our class this year by trying to remember what we have learnt last year. Then we will go along with new words, phrases and learn about French cuisine.

A bientôt et bonne chance – (see you soon and good luck).



Marthe Veres-Siwiek Fleur de Bruxelles

AROUND THE COURSES (Cont.)

A History of Popular Music

Term 1 has begun “way down upon the Swanee River” with a look at the life and songs of Stephen Foster and his connection with the minstrel shows. We also viewed one of the three movies about him: *Swanee River*, with Don Ameche as Foster and also starring Al Jolson. Foster sold 130,000 copies of the sheet music for “Old Folks at Home”, a phenomenal figure in those days, but he earned little from it compared with the publisher’s revenue.



But in 1892 Charles K Harris wrote “After the Ball” and in very short time it sold over 5 million copies. Harris was also the song’s publisher and he used the whole machinery of modern marketing and promotion to sell the song and made enough money to live on for the rest of his life. Tin Pan Alley was born. We listened to the song, joined in the chorus, and went on to hear stories of the other songwriters of the era and the songs they wrote, including “Love’s Sweet Song” and “A Bird in a Gilded Cage.”

Next we covered the birth of ragtime, especially the life and works of Scott Joplin. We also viewed a movie about him. The term concluded with the beginnings of the English Music Hall.

Later on in Term 2 we’ll continue with the Music Hall songs and the stories of some of its stars, including the Australians Florrie Forde (“Down by the Old Bull and Bush”) and Billy Williams (“When Father Papered the Parlour”). We’ll hear about Marie Lloyd, Harry Lauder and others. We’ll then move back to the USA for the Ziegfeld Follies, the stars who came from those shows and also view that excellent movie *The Great Ziegfeld*.



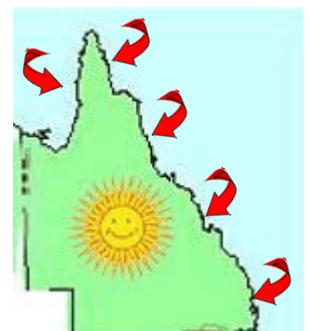
NEW MEMBERS ARE VERY WELCOME!

John Funnell

Australian History

During this first term of 2019, Australian History commenced with the maritime exploration, early European settlement and development of Queensland. The northern coastline was first explored by several Europeans maritime explorers – the first recorded was in 1606. They were followed by Captain Cook when he sailed up the eastern coastline during his 1770 expedition.

We discuss the development of the Moreton Bay Penal Colony – later which became Brisbane. This included the early stages of the convict settlement and life under Captain Logan, exploration of the region and free settlement from 1840s up to 1859 – when it became a colony in its own right. As well, we discussed the pastoralists who moved and developed northward, the



AROUND THE COURSES (Cont.)

clashes with Aborigines and the discovery of gold. Also Blackbirding, the underhand recruitment and use of Kanakas (Pacific Islands labourers), mainly in the sugar cane plantations during the latter part of the 1800s until 1904. As well as the birth of the now Labor Party at Barcaldine. We will continue with other aspects of Queensland as the term proceeds.

Prior to the “Bombing of Darwin Commemorations 19th February” we spoke on the military build-up in Darwin from the 1920s, the air raids by the Japanese on the Northern Territory and the defensive operations in that region during World War Two. The picture shown above is about the Explosion of the MV Neptuna in Darwin Harbour that occurred on the 19th February 1942.



Lyle Raison

Ballet Matinee

The year has got off to an enjoyable start with the latest production of *The Sleeping Beauty* by the Australian Ballet company filmed live at the Melbourne Arts Centre. ‘Beauty’ is a long ballet and will take two of our sessions to see it all.

Over the Christmas break I have scoured the world for DVDs of more full length ballets from America, France, and Britain as well as Australia and I have some Russian productions.

I will give a five minute talk before each showing, explaining details of dance technique, musicality, choreography as well as story and acting and mime, so that the class will gain a more informed appreciation of what they are looking at.



It is a great deal more than just watching men and women prancing around on tip toe. Ballet is a superb art form; an international language in which story, music, acting and mime come together in the physical prowess of the dancers who themselves are superb athletes, to give us ‘theatre’ in all its fullness.

We the audience may be old now, but our hearts can still beat with the joy of experiencing what hardly seems to be lighter than air in the make believe world played out before us in scenery, costume, orchestral music, colour, laughter and tears, beautiful people, tragedy and comedy, myth, fairy stories, love stories, pantomime or just celebrating the sheer ecstasy of the dance.

Following our viewing of *Sleeping Beauty* we shall join Margot Fonteyn in the ballet *Ondine* that was specially created for her, with choreography by Frederick Ashton.

Cecilia Conway-Wright.

AROUND THE COURSES (Cont.)

Computers

There are two questions that someone using a computer should consider, irrespective of whether they have personal computer, laptop, table, iPad or any type of smart phone. Firstly, what do I want to do with my computer? And secondly, how do I do it? To some, especially children, the first question may seem strange as they appear to know exactly what they want to do. However for many of us it is a serious question to which the answer is: When it comes to information, you can do anything with a computer. Banking, buying a ticket, reading a book or magazine, watching a movie, listening to the radio, handling photos or checking the weather. Just a smidgen of things we can do.

The question of how to do it depends on the type of computer we have, the particular app (application or program) we are using and what part of the mouse, key stroke or icon we need to press or touch. We can learn what to do by getting help from someone, reading books, watching videos or just trying it out for ourselves – with lots of practice!

Now there is a third question we must also consider: Am I vulnerable to causing harm to myself or my computer when I am using it? Well usually the only way you can cause physical harm is by dropping it. However when using the internet, remember that we are effectively being linked electronically to many other computers around the world, some of which may be operated by people whose aim in life is to scam us and either damage our computer electronically or steal our money. While most of the time, there is nothing to worry about, we should still take care to avoid the risk of being scammed by following a few simple rules when using the internet.



- Be mindful that scams exist and always know who you are dealing with. Remember, if it seems too good to be true, it probably is.
- Never give personal information (especially passwords) to anyone you do not know.
- Beware of phone calls from strangers, such as someone claiming they are from Telstra, Microsoft or the ATO and asking you to turn on your computer to fix a problem.
- Be careful when downloading apps or programs that you are not sure are safe.
- Do not open anonymous or suspicious emails (ie do not 'click' on anything in the email).
- Keep your computer secure, know who is using it and ensure the software is up to date.
- Manage your privacy settings carefully when using social networks such as Facebook.

We will cover many of the above matters during our classes on Tuesdays.

Don Lee

Did you know ... ?

A typical malicious software (malware) author is male between the ages of 14 and 25 years old. Internationally, the USA has the highest risk of computer malware attacks, followed by Russia. According to CNN, about 1 million new computer malware threats are released each day. In order to check their security, Facebook pays \$500 to anyone who can hack into their system.

AROUND THE COURSES (Cont.)

Magic of Numbers

Did you know that a prime number is a number that has no factors other than itself and 1 (ie unity), such as those shown on the right. They have fascinated mathematicians for centuries. Can you think of other prime numbers?



“Babies can ask questions about primes which grown men cannot answer”, is a statement attributed to Paul Erdős (pronounced airdush), who died in 1996 at the age of 83. A Hungarian Jew who escaped Europe for America in 1934, he was a mathematical genius of the first order. He lived as a celibate mathematical monk and was totally obsessed with his subject.. He never owned a house but went from friend to friend encouraging them to write about mathematics and even started writing papers with them before heading off to live with someone else. Even in his seventies, he published upwards of 50 papers in a year, more than most good mathematicians produce in a lifetime.

As of January 2019, the biggest prime number known has more than 24 million digits; typed out, it would fill a stack of paper 60 cm high. Of what use is that number to us? No use at all, but what a wonderful achievement of the human brain to be able to know that there is such a huge number that has no factors other than itself and unity. Just for the record, factors are whole numbers that are multiplied together to produce another number, such as 2×3 equals 6. Consequently the number 6 is not a prime number.

You can learn more about prime numbers in my class “The Magic of Numbers” on Tuesday mornings, 9 - 11am at Jamieson Way Community Centre.

Frank O'Shea

Exploring History

As you may have heard by now, I had a stroke a week before Christmas (it wasn't actually on my Santa list!). I am now physically okay, but I have some occasional memory problems. I am also due to have some stents inserted in March. So, at the moment, I don't feel that I



will be able to run Exploring History in Term 2. If things change for the better, I will review this decision. Also if there are any volunteers to take my place, please let me know.

Brian Beck

Italian

There have been several enquiries about whether we might run an Italian class. While we would love to do this, we do need a tutor, so if you can help organise an Italian class, please contact our course coordinator, Lia Albergo on 9749 7594.



AROUND THE COURSES (Cont.)

Photography

The Photography Group was active during last year and one of the highlight of the year was the entry into the Wyndham 'Your Community Photography Competition'. Over 100 selected entries were displayed and hosted by The Grange Community Centre. First and Second prizes were taken out by our Group and all other members had their photos displayed and tagged "highly recommended" by the Judge. Two of the winning photos are shown here and include *Boathouses at Campbell's Cove* (taken by Bernie Flaherty) and *Werribee River at Shaws Road* (taken by Mario Galea). All these photos were also included in our Group's Annual 2019 Calendar which was again popular last year.

Bernie Flaherty



MERLE'S SOCIAL ACTIVITES & OUTINGS

During last month a number of us enjoyed a trip down memory lane as we watched the entertaining show called *Senior Moments*, starring Max Gilles, John Wood and others. Some of the quips included:

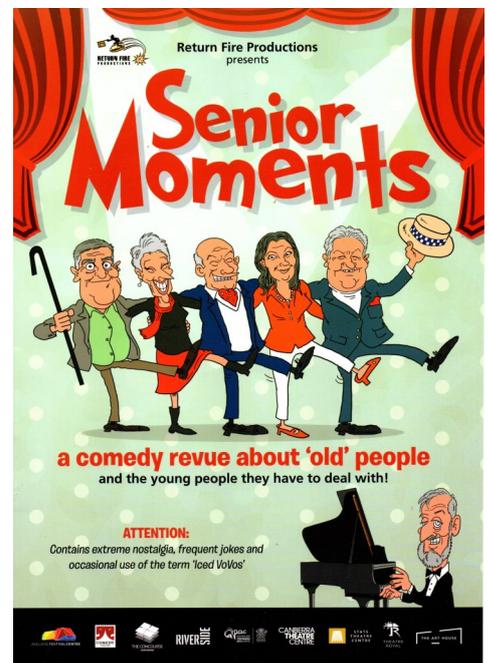
"It's a senior moment when you have to do five hours of yoga before you're flexible enough to do one hour of yoga".

"It's a senior moment when you notice that you are having to use a shopping trolley at the pharmacy".

Another show coming up soon is *Westside Story* and for which I plan to obtain some tickets, so if you are interested in attending, be on the lookout for further information.

Please don't forget our morning tea coming up at 9.30am on Thursday 4 April 2019 at the Hoppers Crossing Sports Club in Hogans Road. Our speaker will be Raquel O'Donnell who will be speaking about fall prevention, which is a most apt topic as April is designated as Fall Prevention Month!

Merle Deslandes (9749 7746)



OUT FOR THE COUNT

To touch Eternity, you don't have to gaze into the immense distances of galactic space, inhabit Mars or go shopping at Woollies on the moon or argue with clever physicists or consult your guru or your Religious Faith.

Just play this game of Hide-and-Seek:-

Pinky tells Perky: "I'll count up to ten and then come seeking you."

"No, you must count up to a hundred" says Perky. "I can't hide if you only count up to ten."

"But what if I can't count up to a hundred?" moans poor Pinky.

"Well," concedes Perky, "Start anyway and stop when you get to the end of numbers..."

"All right" says Pinky, "But I'll have to count slowly. One, Two, Three, Four..." and Pinky does better than he expected.

"Hundred zillion, Thousand squillion squillions, One million duper quadrillion, hundred billion, eight thousand million, nine hundred and ninety nine thousand, nine hundred and ninety seven...hundred zillion, thousand squillion..." But Pinky has grown a white beard by now, and in his croaky old voice, he makes a decision, "Coming! Ready or not!"

Leaning on his walking stick he wonders if he would have fared any better at the game if he had started at one and gone backwards into the minuses, but soon realised that he would have hit the same problem.

There is no ending to numbers: The final solution is Infinity - Eternity - or God. Now why didn't I think of that !!!***

Cecilia Conway-Wright



MEMBERSHIP NEWS

For all U3A Werribee membership enquiries, please contact our membership co-ordinator, Jannette Allen on Tel 9395 1606 or you can email to: membership.u3awbee@hotmail.com

We do want to welcome the following members who have recently joined us:

Frances Cascone

Rhonda Vaughan

Denise Moody



Jean Albon

Judith Anders

Cynthia Boddington

Elisabetta Burgio

Bev Cameron

Susan Carter

Brian Conway

Elke Furlan

Diane Haynes

Hugh Haynes

Julie Hunt

Irene Johnston

Susan Leabeater

Pauline McNamara

Lynda Prentice

Myra Rice

You are reminded that as a member of U3A Werribee, you are entitled to a Hoppers Crossing Sports Club (HCSC) loyalty (blue) card at no extra charge. This card entitles you to club discounts, so if you haven't yet received your card, please contact Janette Allen.

PROGRAM OF WERRIBEE COURSES FOR TERM 2 OF 2019

Monday 29 April - Friday 21 June 2019

Day/Time	Activity	Group Leader/Tutor		Venue
MONDAY				
10.00 - 12.00	Comparative Religion	Paul Rogers	8742 9032	HRV
10.00 - 01.00	Lunch & Movies ⁽¹⁾	Kaye Harvey	0402631171	SY
01.00 - 03.00	Spanish	Carmen Cohen	0425729324	WCC
01.00 - 02.00	Tai Chi	Marie Dean	9741 7733	HCSC
02.00 - 05.00	Introduction to Bridge	Serita Mudford	0410 599 323	HCSC
02.00 - 05.00	Bridge	Brian Kilfoyle	0409 073 869	HCSC
TUESDAY				
09.30 - 10.30	Senior Men in Light Exercises	Tony Bradford	0447139202	HCSC
09.45 - 11.45	Needlecraft	Faye Weston	8754 1003	HCSC
10.00 - 12.00	Beginners Computer Course	Don Lee	9749 2798	AP
11.00 - 01.00	Book Club ⁽²⁾	Cynthia Boddington	0408389937	BPC
12.45 - 02.30	A History of Popular Music	John Funnell	9296 1036	HCSC
01.00 - 03.00	Intermediate Computer Course	Don Lee	9749 2798	AP
02.30 - 03.30	Photography	Bernie Flaherty	0412814610	HCSC
04.00 - 05.30	Line Dancing	Jenny Pratt	9742 9038	HRC
WEDNESDAY				
10.00 - 11.30	Health and Wellbeing	Lyn Alder	97417735	WCC
09.45 - 12.00	Mosaic	Helen Galea	9749 1207	WCC
10.00 - 12.00	Intermediate French & Culture	Martha Siwek	97417610	HCSC
01.00 - 03.00	Australian History	Merle Deslandes	9749 7746	HCSC
01.00 - 04.00	Cards — 500	Kay Dwyer	9731 6976	SD
01.30 - 03.00	Book Club ⁽³⁾	Libby Pearson		PH
THURSDAY				
10.00 - 11.30	Current Affairs	Pam Phegan	9742 4354	HCSC
01.15 - 02.30	Yoga for Older People	Trevor Walsh	0438 304 638	UC
01.00 - 04.00	Mahjong	Nicky Hodgman	9749 1131	HCSC
FRIDAY				
10.00 - 12.00	Ballet Matinee	Cecilia Conwaye-Wright	0407558825	PH
01.00 - 03.00	Music You Like To Hear	Anna Mitchell	9741 2730	HCSC

Notes:

- (1) The Lunch & Movie Group meet on the second Monday of the month at the Sun Theatre, Yarraville.
- (2) This Book Club meets on the second Tuesday of the month at The Brook, Point Cook.
- (3) This Book Club meets on the second Wednesday of the month at members' houses.

FOR ALL COURSE INQUIRIES:

PLEASE CONTACT OUR COURSE CO-ORDINATOR: LIA ALBERGO ON 9749 7594 or 0412 993 756

OR EMAIL: courses.u3awbee@hotmail.com

PROGRAM OF POINT COOK COURSES FOR TERM 2 OF 2019
Monday 29 April - Friday 21 June 2019

Day/Time	Activity	Group Leader/Tutor		Venue
TUESDAY				
09.00 - 11.00	Magic of Numbers	Frank O'Shea	0432358933	JAM
09.00 - 11.00	Creative Writing	Mary Wickham		JAM
12.00 - 01.00	Japanese Language & Culture	Suzanne Luder	0404131052	JAM
01.00 - 03.00	Beginning French	Bernadette Mravljak	0477940877	JAM
02.30 - 03.30	Cryptic Crosswords	Rod Allen	9394 6651	JAM
THURSDAY				
11.00 - 01.00	Book Club (Monthly - Second Thursday)	Christine Statkiewicz	0409331958	BPC

Venues

AP	Arndell Park Community Centre, Federation Boulevard, Truganina.
HCSC	Hoppers Crossing Sports Club, Hogans Road, Hoppers Crossing.
PH	Private Home: For details please contact the tutor.
SD	Lifestyle Seasons, 13 Sundial Boulevard Tarneit (at the Clubhouse).
SY	Sun Theatre, Yarraville.
TCC	Tarneit Community Centre, c/r Leakes Rd & Sunset Views Boulevard, Tarneit.
UC	Crossroads Uniting Church, Synott St., Werribee.
WCC	Wyndham Park Community Centre, 57 Kookaburra Ave, Werribee.
HRV	Heathglen Retirement Village, Glendale Crt (just off Heath Road), Werribee.
FB	Featherbrook Community Centre, 33- 35 Windorah Drive, Point Cook.
JAM	Jamieson Community Centre, Jamieson Way, Point Cook. (Room A or B)
BPC	The Brook, 215 Sneydes Road, Point Cook.
ALTON	Altona Sports Club, 11 Altona Road, Altona.

THIS TRI - CYCLE NEWSLETTER IS PRINTED FOR U3A WERRIBEE BY COURTESY OF TIM PALLAS, MEMBER OF THE VICTORIAN LEGISLATIVE ASSEMBLY FOR WERRIBEE.

DISCLAIMER: This newsletter is for information purposes only and views expressed here are not necessarily those of U3A Werribee Region Inc. While efforts have been taken to ensure that the material contained in this newsletter is accurate, U3A Werribee Region Inc does not guarantee the accuracy or the completeness of the material. Readers are advised not to rely solely on this information when making any decision and should seek independent advice before making any decisions.