



U3A Werribee Region Inc. Tri – Cycle Newsletter



P.O. Box 1264, Werribee Plaza, 3030

EMAIL: sec.u3awbee@hotmail.com

WEB: <http://www.u3awbee.net.au>

PLEASE NOTE: We have no office. For all inquiries refer to our website.

SPRING EDITION: No. 121 SEPTEMBER - NOVEMBER 2019 FOUNDED 1992



U3A WERRIBEE OFFICE BEARERS AND CONTACTS

Patrons:

Mr K.S. Butyn Principal Werribee Secondary College:
Mr Tim Pallas MP Member for Werribee

Life Members:

Mrs Barbara Knowles
Mr Brian Beck
Mrs Libby Pearson

Committee:

President: Dave Callan Email: president.u3awbee@gmail.com (note: it's **gmail**, not hotmail)

Vice President: Frank O'Shea

Treasurer: Jannette Allen Email: treas.u3awbee@hotmail.com

Secretary: Linda Kazlauskas Email: sec.u3awbee@hotmail.com

Membership Coordinator: Jannette Allen Phone: 9395 1606 Email: membership.u3awbee@hotmail.com

Course Co-ordinator: Lia Albergo Email: courses.u3awbee@hotmail.com

Committee Members: Brian Beck, Brian Kilfoyle, Merle Deslandes, John Preston, Lyle Raison, Adrian Cloonan and Don Lee.

UPCOMING EVENTS

Remaining 2019 Term Dates

Term 3: 15 July - 13 Sep 2019

Term 4: 7 Oct - 29 Nov 2019

Christmas Lunch

Christmas Lunch will be on Tuesday 3 December at 11.30am at the HCSC (Hoppers Crossing Sports Club). For info contact our Membership Coordinator.

Enrolment for 2020

This will take place at the HCSC on Tuesday 10 December 2019

Social Activities

Various social activities and outings are organised for members and details are made available through email messages, notices given out during classes or may be included on our website.

FROM THE EDITOR'S DESK

Hello everyone from Don and myself. Welcome to Winter-going-out and Spring-coming-in edition. We have done well to soldier through this dreadful Winter for colds and coughs and flu and other attendant miseries. I have not met anyone who has totally escaped some infection of some sort. It may well be fifty years since the first moon landing and fifty years since The Beatles crossed the road and had it photographed (!!)

but to many of us looking back, it only seems like yesterday. Where have those fifty years gone? With our youth – obviously. But our Third Age can still be a time of fulfilment, given a decent bill of health.



FROM THE EDITOR'S DESK (Cont.)

There is a lot going on at U3A and we all like to share and know what our friends are doing, so please send me your written pieces to the newsletter. Email at newsletter.u3awbee@hotmail.com and the deadline for the next issue is Friday 8 November 2019.

Cecilia Conwaye-Wright.

FROM OUR U3A WERRIBEE PRESIDENT

Hello Everyone

I do hope you are all well.

The alterations at the HCSC (Hoppers Crossing Sports Club) are coming along well. Unfortunately it has affected the current affairs class quite dramatically causing us to have to change the day. However we had no choice and when things are back to normal we will be left with a larger and more swish restaurant. We are very fortunate that we have good premises at the HSCC and they look after us very well. Members are reminded that they are also automatically members of this club and are encouraged to use their facilities.



The Point Cook branch of U3A Werribee will cease operating in November. The team there has done and continues to do a great job but similar to all U3A's throughout the State, the cost of renting of the rooms is a big problem.

Our U3A Werribee committee has recently been discussing the prospect of possibly changing our name to U3A Wyndham. Please do take time to read about this topic elsewhere in the newsletter and let me know if you have any particular views about it.

Remember to keep healthy and warm, and enjoy the Springtime.

Dave Callan.

WORDS OF WISDOM ABOUT LOVE

"To love means loving the unlovable". G. K. Chesterton (1874 – 1936), English writer, philosopher and art critic.

"Love is like a beautiful flower which I may not touch, but whose fragrance makes the garden a place of delight just the same." Helen Keller (1880 – 1968) American author, political activist and lecturer.

"Love looks not with the eyes, but with the mind, and therefore is winged Cupid painted blind".
William Shakespeare (1564 – 1616) A Midsummer Night's Dream.

"Ordinary acts of love and hope point to the extraordinary promise that every human life is of inestimable value." Desmond Tutu (b 1931) South African cleric and theologian.

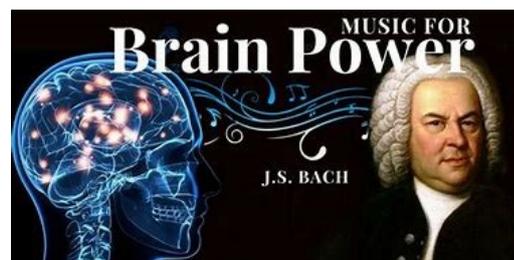
AROUND THE COURSES

Music You Like to Hear

Music energises the soul! During Term 2 we listened, learnt and digested good music of many kinds and historical periods. We featured composers, certain groups of performers and observed the seasons, the sun, the moon and the stars. There is music to go with everything.

Christel shared a CD with us with a variety of tenors from olden and golden days singing opera arias. What is it about tenors? The French composer Berlioz once said, 'A tenor is a creature not of this world; he is a world in himself'. Tenors seem to inspire the masses to a far greater degree than any other voice type.

Recently we looked at England's musical history and followed it up with the music of Scotland and Wales. John Funnell put together a program with works by J S Bach, my favourite; and Tony Mason paid homage to the piano with Chopin, Mozart, Beethoven and Rachmaninoff. Thank you both.



We also watched Daniel Barenboim on DVD, playing Mozart's Piano Concerto number 3, at a live concert in Berlin, which was a treat.

During the holidays some of us went on an outing. The council bus took us to Drysdale where we boarded a vintage train to Queenscliff for lunch at the harbour side. Although there was no connection with music, one had the opportunity to think of Beethoven's Pastoral Symphony as we travelled slowly through green meadows and olive groves with cattle and sheep grazing here and there. The train's rattling and tooting was the only music. Beethoven marked the first movement of his Pastoral Symphony with "Cheerful feelings upon arrival in the country", which was very fitting for the day.

Anna Mitchell

Ballet Matinee

Ballet babies love the little sweet 'dancey' ballets but when the appreciation matures we can begin to understand the wonderful complexity of the classical ballets in the world's repertoire. This term, our group has languished with Manon in the swamps of the French penal colony on the American East coast; we have been terrified by the lines of crucified slaves whom Spartacus could not save; we have waltzed ourselves silly in the glorious Paris ballroom along with "The Merry Widow"; we have held our breath with Les Sylphides and nursed our goose bumps with Cinderella and all the spooky Prokofiev musical accompaniments to the grotesqueries of the old fairy tale. We are also learning the behind-the-scenes work that is involved in all ballet enterprises.

In due course we shall be able to appreciate the different styles of the world ballet companies as we enjoy the Russians and the Australians; and also the British Royal Ballet as well as the New York City and Austrian ballet companies. And of course, the famous French schools.

Cecilia Conwaye-Wright



Grisettes dancing at Maxime's in a scene from the Merry Widow.

AROUND THE COURSES (Cont.)

A History of Popular Music

We began Term 3 with the songs that were popular in Australia, Britain and America during the First World War, including George M Cohan's excessively patriotic "Over There", with its boast that "the Yanks are coming." That led neatly to a show of the film biography of Cohan, Yankee Doodle Dandy which starred the singing and dancing of James Cagney in his Oscar-winning role.

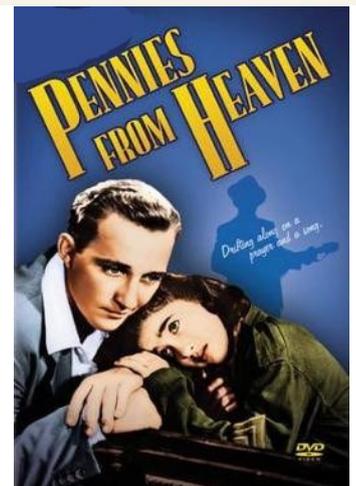
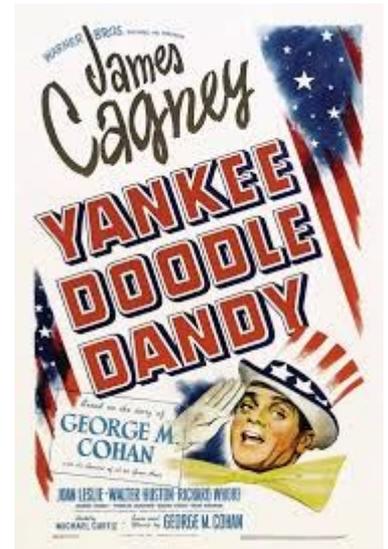
Next, we moved on to the 1920s, the era that saw the beginnings of commercial radio, improvement in recording techniques and the rise of the crooners. The 1920s also heralded the rise of some of the great American songwriters, including the Gershwin brothers, Rodgers and Hart, Oscar Hammerstein and Cole Porter.

The final weeks were devoted to the development of jazz and the blues.

We'll begin Term 4 with a look at the way that jazz music evolved into different styles with Swing and Big Band becoming prominent throughout the 1930s and the 1940s. We'll also consider how musical films influenced pop culture, with many film stars becoming the popular singers of the time.

If you haven't been to these sessions before, you'll be very welcome to join us at 12.45 every Tuesday.

John Funnell



Question: Who were the popular stars from the 1936 movie as shown above? See the answer below.

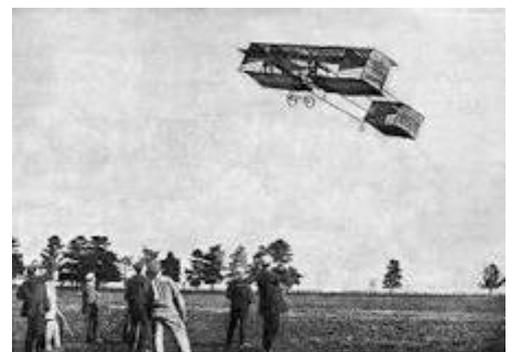
Australian History

This term's topics have been quite varied. One of these covered the first air flight in Australia by Houdini (see photo on the right) in 1910.. This was in Victoria at Digger's Rest, where they still mark the day. We then learnt of the different rail gauges between states which caused travel to be difficult.

The White Australia Policy was widely used to forbid people of non-European ethnic origin, especially Asians (primarily Chinese) and Pacific Islanders from migrating to Australia. This was mainly caused by competition in the Goldfields and Labour union opposition to low wage immigration from Asia and Pacific Islands.

Soon after Australia became a federation in January 1901 Edmund Barton passed the Immigration Act of 1901. This bill marked the commencement of the White Australia Policy.

Merle Delandes



Answer to Question: Bing Crosby and Edith Fellows.

AROUND THE COURSES (Cont.)

Photography

The photography group has an active group of enthusiasts. Again this year, the members have entered in the Grange Community Photo Competition featuring the topic of 'Wyndham Pride'. You may remember that last year several of our members took out a number of top prizes and commendations in this annual competition.

A local U3A Calendar 2020 will be produced featuring Wyndham themes this year. In the past the calendars have sold out with a limited print. The cost price is \$20.00 per calendar. Should any member be interested in obtaining a Calendar they should contact me on 0412 814 610 before the end of October 2019 to ensure a copy.

Bernie Flaherty



This amazing photo from one of our Photography Group members was taken from the Farm Road overpass in Wyndham, showing a part of the Maltby bypass with an enhanced Melbourne City skyline in the background. The bridge you see in the photo is the Duncan Road overpass.

SMILE (Senior Men In Light Exercises)

Tony Bradford, our SMILE facilitator still has a spring in his step. He is a proven great weight-for-age star. So what does Tony do on his special birthday? He rocks up at HCSC to lead his group of members and pumps an 80 kg barbell (see photo). He has always shown ability with his sporting results in athletics on the field and has many titles with track and field events. Tony has coached four generations from Junior's to Senior Men and is still a great leader in the fitness routines and activities. He leads the SMILE group each week through their paces. Indoors he practises reflex and movement skills through games and exercise and once a week does walking outdoor activities at the HCSC, doing laps of the oval and stopping off at exercise stations along the way for bit of interest. He finishes off with a gym session and afterwards enjoys a coffee with the rest of the SMILE group.



Bernie Flaherty

A PROPOSAL TO RENAME U3A WERRIBEE AS U3A WYNDHAM

“What’s in a name? That which we call a rose by any other name would smell as sweet.” William Shakespeare (1564 –1616) *Romeo and Juliet*.



U3A Werribee Region was founded in 1992 as a U3A group situated within the City of Werribee as it was called at that time. Subsequently in 1994, the Victoria government restructured several Victorian local governments and in so doing renamed the City of Werribee as the City of Wyndham. Now Werribee is only one of 17 recognised suburbs of Wyndham. Five of these suburbs are shared with other surrounding cities and several of the suburbs have only very small populations.

Notwithstanding the name change to City of Wyndham we have over the past 25 years continued to maintain our original name U3A Werribee Region and the question now is whether the time has come to change our name to more accurately reflect the area from which we draw our membership.

Probably the most important reason to change our name to U3A Wyndham is because our members come from the range of suburbs of Wyndham and not just from Werribee. Also, our classes are held within different suburbs of Wyndham. On the other hand, some might argue that the name Werribee is well established and possibly even more widely known than Wyndham and for that reason we might feel we should stick to our current name. There may also be some who originally opposed adopting the City of Wyndham name in the first place and might prefer using the more traditional name.

Today our U3A Werribee group covers the whole City of Wyndham, which now has a population of 255,322 (as at June 2018) and which is forecast to reach 352,886 by 2026. Also, our city is geographically quite spread out and in time members might want to start up new U3A groups within particular Wyndham suburbs that are closer to where they live. This has already occurred where efforts were made to start up a Point Cook U3A group. While there is no reason in principle why this should not occur, our current Werribee U3A group is still relatively small and it is probably doubtful whether any new group within Wyndham would have viable numbers at this stage. Consequently, it may be preferable to continue to build up a successful U3A Wyndham group that includes members from within all Wyndham suburbs and eventually we might look forward to having more than one similar class serving members from within different Wyndham suburbs who nevertheless still identify with the wider U3A Wyndham group.



Any move to change our name will require a change to our constitution and this in turn must be approved by our members. The plan therefore is to take a proposal to our next Annual General Meeting to be held during February 2020 and where members will have an opportunity to consider this further. If a change of name is approved, the committee will then be authorised to implement the necessary formal changes.

In the meantime, if members do have any particular view regarding changing our name to U3A Wyndham, they are welcome to contact any of our current committee members.

Don Lee

MEMBERSHIP NEWS

For all U3A Werribee membership enquiries, please contact our membership co-ordinator, Jannette Allen on Tel 9395 1606 or you can email to: membership.u3awbee@hotmail.com

We do want to welcome the following member who have recently joined us:

Gerard McCarry



You are reminded that as a member of U3A Werribee, you are entitled to a Hoppers Crossing Sports Club (HCSC) loyalty (blue) card at no extra charge. This card entitles you to club discounts, so if you haven't yet received your card, please contact Janette Allen.

However if you do not have your HCSC card with you, you can as a U3A Werribee member, still enjoy the club membership benefits if you can provide some identification and proof of your U3A membership.

MERLE'S SOCIAL ACTIVITES & OUTINGS

Please don't forget our morning tea coming up at 9.30am on Friday 20 September 2019 at the HCSC (Hoppers Crossing Sports Club) on Hogans Road. There will be a speaker and the topic will be "My Age Care". This will cover a range of information about various age care services. Entrance is free.



Several very happy people boarded the bus for our last outing where we headed to the NGV to see the Terracotta Warrior Exhibition. This included a display of items from the era of the Qin Emperors, which was discovered in 1974 in China's Shaanxi province and which are regarded as one of the greatest archaeological finds of the twentieth century. It has also been widely described as the eighth wonder of the world. What is quite amazing is to see how well they have been preserved and it is wonderful that we were able to view them and enjoy learning a bit about their history. The photo shows one of these masterpieces.



Following a look around the NGV gallery and after enjoying a cup of coffee, we reboarded our bus and headed to the nearby DFO for lunch, shopping and of course, more coffee! A great day enjoyed by all.

Another date to mark in you diary is our Christmas Lunch to be held on Tuesday 26 November 2019 at the HCSC (Hoppers Crossing Sports Club).

Finally please keep an eye out for emails or notices at our morning tea or during classes with details of any future outings.

Merle Deslandes (9749 7746).

WYNDHAM TRIVIA

During a recent upgrading of one of the Beach Road carparks in Werribee South, two concrete mounts for what appeared to be for large guns, were uncovered. Many of you might have seen these and been wondering why guns were once upon a time mounted in this position.

With the outbreak of World War 2 the Werribee Racecourse was used as an Artillery Training Depot and in particular for anti-aircraft units. As part of the training and also presumably for defence measures, "live firing shoots" were conducted at Werribee South using two 3.7 inch anti-aircraft guns, as shown in the photo which was originally taken in December 1941.



Unfortunately no one knows what has happened to the original guns and it is understood that the carpark will soon be resurfaced and marked with an appropriate plaque.

Lyle Raison

ALWAYS IN THE WRONG!

"Good morning, Matron."

"Why do you always have to say that? And why smile all the time?"

"Yes my dear; you are so right!"

"No I'm not. You weren't listening."-----

*

"Oh yes I do agree..."

"No you don't."-----

*

"You have a good point there."

'No! You've got me wrong!'-----

*

You might go overboard to be compatible with someone, to be agreeable and friendly and still meet up with total rejection. Why are some people so hostile? Does it make them feel important? It doesn't take much effort to afford a few words of encouragement.

"Good morning Matron." "Good morning!"..... "Yes my dear, you are so right!" – "Glad you agree..." "Oh yes I do agree" – "Glad to hear it..." "You have a good point there." ... "Thanks; let's talk!"

And as the sun comes out on your day; you can smile without being trashed for the effort.

Cecilia Conway-Wright.



OR



PROGRAM OF WERRIBEE COURSES FOR TERM 4 OF 2019

Monday 7 October - Friday 29 November 2019

Day/Time	Activity	Group Leader/Tutor		Venue
MONDAY				
10.00 - 01.00	Lunch & Movies ⁽¹⁾	Kaye Harvey	0402631171	SY
01.00 - 03.00	Spanish	Carmen Cohen	0425729324	WCC
01.00 - 02.00	Tai Chi	Marie Dean	8742 6732	HCSC
02.00 - 05.00	Introduction to Bridge	Serita Mudford	0410 599 323	HCSC
02.00 - 05.00	Bridge	Brian Kilfoyle	0409 073 869	HCSC
TUESDAY				
09.30 - 10.30	Senior Men in Light Exercises	Tony Bradford	0447139202	HCSC
09.45 - 11.45	Needlecraft	Faye Weston	8754 1003	HCSC
10.00 - 12.00	Beginners Computer Course ⁽⁴⁾	Don Lee	9749 2798	AP
12.45 - 02.30	A History of Popular Music	John Funnell	9296 1036	HCSC
01.00 - 03.00	Intermediate Computer Course ⁽⁴⁾	Don Lee	9749 2798	AP
02.30 - 03.30	Photography	Bernie Flaherty	0412814610	HCSC
04.00– 05.30	Line Dancing	Jenny Pratt	9742 9038	HRC
WEDNESDAY				
10.00 - 141.30	Health and Wellbeing	Lyn Alder	97417735	WCC
09.45 - 12.00	Mosaic	Helen Galea	9749 1207	WCC
10.00 - 12.00	Intermediate French & Culture	Martha Siwek	97417610	HCSC
01.00 - 03.00	Australian History	Merle Deslandes	9749 7746	HCSC
01.00 - 04.00	Cards — 500	Kay Dwyer	9731 6976	SD
01.30 - 03.00	Book Club ⁽³⁾	Libby Pearson		PH
THURSDAY				
01.15 - 02.30	Yoga for Older People	Trevor Walsh	0438 304 638	UC
01.00 - 04.00	Mahjong	Nicky Hodgman	9749 1131	HCSC
FRIDAY				
10.00 - 11.30	Current Affairs	Pam Phegan	9742 4354	HCSC
10.00 - 12.00	Ballet Matinee	Cecilia Conwaye-Wright	0407558825	PH
01.00 - 03.00	Music You Like To Hear	Anna Mitchell	9741 2730	HCSC

- Notes:**
- (1) The Lunch & Movie Group meet on the second Monday of the month at the Sun Theatre, Yarraville.
 - (2) This Book Club meets on the second Tuesday of the month at The Brook, Point Cook.
 - (3) This Book Club meets on the second Wednesday of the month at members' houses.
 - (4) The computer classes in Term 4 will only start up on 29 October 2019.

FOR ALL COURSE INQUIRIES:

PLEASE CONTACT OUR COURSE CO-ORDINATOR: LIA ALBERGO ON 9749 7594 or 0412 993 756

OR EMAIL: courses.u3awbee@hotmail.com

PROGRAM OF POINT COOK COURSES FOR TERM 4 OF 2019
Monday 7 October - Friday 29 November 2019

Day/Time	Activity	Group Leader/Tutor		Venue
TUESDAY				
09.00 - 11.00	Magic of Numbers	Frank O'Shea	0432358933	JAM
11.00 - 01.00	Book Club ⁽²⁾	Cynthia Boddington	0408389937	BPC
12.00 - 01.00	Japanese Language & Culture	Suzanne Luder	0404131052	JAM
01.00 - 03.00	Beginning French	Bernadette Mravljak	0477940877	JAM
02.30 - 03.30	Cryptic Crosswords	Rod Allen	9394 6651	JAM

Venues

AP	Arndell Park Community Centre. Federation Boulevard, Truganina.
HCSC	Hoppers Crossing Sports Club, Hogans Road, Hoppers Crossing.
PH	Private Home: For details please contact the tutor.
SD	Lifestyle Seasons, 13 Sundial Boulevard Tarneit (at the Clubhouse).
SY	Sun Theatre, Yarraville.
TCC	Tarneit Community Centre, c/r Leakes Rd & Sunset Views Boulevard, Tarneit.
UC	Crossroads Uniting Church, Synott St., Werribee.
WCC	Wyndham Park Community Centre, 57 Kookaburra Ave, Werribee.
HRV	Heathglen Retirement Village, Glendale Crt (just off Heath Road), Werribee.
FB	Featherbrook Community Centre, 33- 35 Windorah Drive, Point Cook.
JAM	Jamieson Community Centre, Jamieson Way, Point Cook. (Room A or B)
BPC	The Brook, 215 Sneydes Road, Point Cook.
ALTON	Altona Sports Club, 11 Altona Road, Altona.

THIS TRI - CYCLE NEWSLETTER IS PRINTED FOR U3A WERRIBEE BY COURTESY OF TIM PALLAS, MEMBER OF THE VICTORIAN LEGISLATIVE ASSEMBLY FOR WERRIBEE.

DISCLAIMER: This newsletter is for information purposes only and views expressed here are not necessarily those of U3A Werribee Region Inc. While efforts have been taken to ensure that the material contained in this newsletter is accurate, U3A Werribee Region Inc does not guarantee the accuracy or the completeness of the material. Readers are advised not to rely solely on this information when making any decision and should seek independent advice before making any decisions.