



U3A Werribee Region Inc.

Tri – Cycle Newsletter



P.O. Box 1264, Werribee Plaza, 3030

EMAIL: sec.u3awbee@hotmail.com

WEBSITE: <http://www.u3awbee.net.au>

PLEASE NOTE: We have no office. For all inquiries refer to our website.

SUMMER EDITION: No. 135 DECEMBER 2022 - FEBRUARY 2023

FOUNDED 1992



U3A WERRIBEE OFFICE BEARERS AND CONTACTS

Patron: Mr Tim Pallas MP Member for Werribee

Life Members: Mrs Barbara Knowles Mr Brian Beck Mrs Libby Pearson

Committee:

President: Rick Conn Email: president.u3awbee@gmail.com (note: it's **gmail**, not hotmail)

Vice President: Vacant

Treasurer: Christina Dennis Email: treas.u3awbee@hotmail.com

Secretary: Jan Phelan Email: sec.u3awbee@hotmail.com

Membership Coordinator: Carole Popham Tel: 0423 319 844 Email: membership.u3awbee@hotmail.com

Course Co-ordinator: Rick Conn Email: courses.u3awbee@hotmail.com

Committee Members: Brian Kilfoyle (Past President), Jannette Allen, Jill Squires and Don Lee.

UPCOMING EVENTS

2023 Term Dates

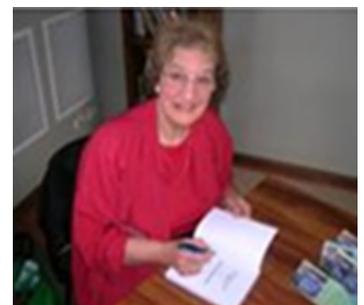
Term 1: 30 Jan - 6 April 2023 Term 2: 24 April - 16 June 2023

Term 3: 10 July - 15 Sept 2023 Term 4: 2 Oct - 1 Dec Nov 2023

Social Activities

Various social activities and outings are organised for members and details are made available through email messages, notices given during classes and included on our website.

FROM THE EDITOR'S DESK



Hello everyone from a lovely springtime day with the garden looking all spiffy in its blossom and the flowering irises. 2022 has been a whirlwind year globally what with wars and disease, climate change and political upheaval. So, you might say, what else is new? But we might be tempted to think that this is the worst of times. Being elderly now, we regret that we cannot leave a better world for our youngsters. But then, we ourselves did not ask to be born into a world fighting a second world war. None of us can choose when to be born or what race to be born into.

FROM THE EDITOR'S DESK (cont.)

One of my daughters said to me recently "Mum I hate the thoughts of turning 60" and I laughed and said "Well, don't tell anybody" but that was hardly the point. Then I said 'But 60 is the new 40 these days if you are blessed with good health.' So, dear members, do the best you can, take care and have a blessed Christmas and a happy New Year.

Please send your contributions to: newsletter.u3awbee@hotmail.com

FROM OUR U3A WERRIBEE PRESIDENT

Hello and welcome to this edition of our Tri-Cycle Newsletter.

2022 has been the first year we have been able to return to face-to-face classes since the COVID Pandemic and I am pleased to report that we have had a very successful year.

I would like to acknowledge the loss of Queen Elizabeth II. Her commitment, sense of duty and a pillar of strength for over 70 years.

I would personally like to thank our Committee of Management and Group Leaders for their commitment, and diligence. Also, a thankyou to our members for your support.

I can report that our classes have been very well attended throughout 2022. Our venues have allowed our class sizes to grow without the need to put members on wait lists. Our membership continues to grow with 220 registered members as of 27 October 2022.

Also, the on-going support from Wyndham City Council providing non-for-profit and subsidized hire rates has ensured a cost effective and sustainable budget over the year. Based on communications with Community Centre Venue management this support will continue in 2023.

This year our enrolment day was held on Thursday 24 November 2022 at Wyndham Park Community Centre. Hard copy re-enrolment forms were also handed out at classes and mailed to members prior to re-enrolment day. A renewal form has also been included at the back of this newsletter and completed forms with payment (cash, cheque or BSB transfers) can be mailed to our Post Office Box address or handed in at any of the classes.

One of the main goals of the Committee of Management during 2022 has been to ensure we have a set of policies and procedures which clearly articulates and communicates our organization's day-to-day operations including our mission, vision, and values. A five-year Strategic Plan has also been produced. All documents are currently in draft and may be viewed on our U3A Werribee website to allow you our members to provide feedback prior to the planned AGM. This is scheduled for Thursday 16 February 2023, from at 10:30am to 12:00 noon at Wyndham Park Community Centre, 55-57 Kookaburra Avenue, Werribee. This has been designed to allow the Yoga and Mahjong classes to be held without any disruption to these classes.



FROM OUR U3A WERRIBEE PRESIDENT (cont.)

In accordance with our Rules of Incorporation (Constitution) all committee positions are declared vacant with members voted in based on their successful nominations at the AGM. Please consider joining the Committee in 2023. Being a committee member provides the opportunity to achieve measurable and achievable goals for the year. The Committee is structured so that no one committee member is left to complete a task without assistance and guidance from the other members.

Our annual Christmas Function for members and their guests, arranged for 15 December 2022 at Club 520, was almost immediately fully booked, which was most heartening to see.

Due to the COVID Pandemic the 30th Anniversary celebration of our U3A Werribee was put on hold. This will now be held in 2023. A suitable venue, date and timings will be confirmed in the New Year.



I do want to wish you all a safe and happy Christmas and a prosperous New Year.

Rick Conn.

COURSE COORDINATOR CORNER - COURSE INFORMATION

Hello and welcome to your Courses Coordinators Corner

Overall, our 2022 courses have been well supported throughout the year and thank you to our Group Leaders, for without you our courses would not have become as well received.

Currently I am completing the submissions for our course venues for 2023 and I am pleased to report that there is no change to the venues, days, and timings.

Here is a summary of our current courses:

1. Exploring History. Group Leader, Rick Conn.

This year we commenced with the history of the “Australian Aborigines”. We learnt how they arrived in Australia over 50,000 years ago, their first contact with Europeans and the arrival of Lt James Cook followed by the First Fleet in 1788. Our journey has taken us through their struggles and present-day challenges.

We have also covered:

- Events leading up to and the Norman Invasion in 1066.
- The wreck of the Batavia.
- The history of China and the history of the Persian Empire.

Currently we are exploring the history of Greece. The photo shows the Parthenon on top of the Acropolis in Athens.



COURSE COORDINATOR CORNER - COURSE INFORMATION (cont.)

2. Movies and Lunch. Group Leader, Judy Conn.

Our loyal band of moviegoers and occasional goers meet on the second Monday of each month at the beautiful, Old World, Sun Theatre, Yarraville. Usually, there have been from five to seven recent releases, (Art House and general viewing), to choose from with starting times from 10.00am to 10:25 am. Most of our group gather together to see a movie



but others choose to go alone depending on what's showing. The early set timeframe is to enable us to meet up together at the Alfa Bakery for lunch, enjoy each other's company and discuss the movies' pros and cons. If you are available on one of our movie days, let me know and you can meet up with us and hopefully become one of our group.

3. Tai Chi Group Leader Bonnie Holmes.

This class is conducted on Monday mornings from 10:30 am to 11:30 am. Bonnie and her group run both beginners and more experienced classes. To cater for these two groups in 2023 we have been successful with hiring of one room for experienced classes and another room for beginners.



Room 1
Experienced Class



Room 2 Beginners
Room

This will make learning the Tai Chi forms a lot easier for the beginners in their own room and those who require maybe a refresher.

3. Senior Men in Light Exercise. Group Leader, Tony Bradford (Coach).

Tony has continued to provide his expert guidance and direction throughout the year. We returned to Hoppers Crossing Sports Club during the winter months, returning to the walking paths and tracks of Wyndham Park Recreational Area (photo 4) and surrounding Werribee CBD. Tony ensures the group stay within our exercise limits rewarding the group with a coffee at the conclusion of the class



4. Needlecraft. Group Leader, Faye Weston.

Faye has continued to hold her popular class on Tuesdays. Faye's group continues to produce needle crafts of a very high standard such as shown in the photo - notice the fine detail in this work completed by Vittoria.



COURSE COORDINATOR CORNER - COURSE INFORMATION (cont.)

5. Ballet Matinee. Group Leader, Cecilia-Conwaye-Wright. This class is held on Friday mornings from 9:45 am to 11:45 am. This activity is conducted in a private home. Cecilia's class is very much appreciated by her loyal group of attendees.

6. Digital Device Applications. Group Leader, Don Lee.

Don's class continues to be held at Heathglen Retirement Village at the Community Centre in on Tuesdays.

This class has expanded from teaching just Microsoft Word, Excel and Powerpoint to include the safe, secure and operation of mobile phones, tablets/iPads (and not just computers or portable laptops).

For example: Have you ever heard of Libby? Well, Libby is a secure computer App (Application or program) that can be very easily used to read library books and magazines online. All you need is your library membership details and a computer device, you can use a PC, laptop or, in my view preferably, a tablet or iPad. What is particularly amazing is that you can read the latest version of well-known magazines and it doesn't matter how many have borrowed that magazine at any given time.



With the increase in scammers trying to access your personal and private data this class is highly recommended to learn how to avoid the tricks and methods employed by scammers to access your data.

These handy hints have appeared in previous editions. However, with Christmas around the corner please be on your alert to:



- Be mindful that scams exist and always know who you are dealing with. If sounds too good to be true it probably is.
- Never give your personal information (especially passwords) to anyone you don't know.
- Beware of phone calls from strangers, such as from Telstra, your bank, or the ATO.
- Be careful when downloading apps or programs that you are not sure are safe.
- Do not open suspicious emails and certainly do not click on their attachments.
- Keep your computer (desktop/laptop), tablet and yes even your mobile phone secure and ensure its software is up to date.
- Manage your privacy settings and be careful when using social network.

7. Music You Like to hear – Group Leader, John Funnell.

This class is conducted on Fridays at the Hoppers Crossing Sports Club – Pavilion attended by his loyal band who appreciate the classics. This class would not be the success it is today without John's professional and well researched sessions and of course, Anna Mitchell who previously lead this group, for her devotion to music. As Anna regularly used to Say at this time of year: "To all music lovers in U3A Werribee, have a Happy Christmas and may the New Year bring joy and peace to everyone".

See also a specific report from John elsewhere in this newsletter.

8. Line Dancing. Coordinated by Vittoria Lucietto

Line dancing is a fun way to keep active, promote well-being and meet people with similar interests. Currently, our group consists of Heathglen Village ladies and U3A ladies. Each lady brings their respective expertise to the group making it a fun & enjoyable session each week. If you are interested in Line dancing, it is held on Tuesdays from 4.00pm to 5.00pm at Heathglen Community Centre Community Room. Join in the fun. A special thanks to Karla Pearson for her wonderful selection of music and dance moves.



9. Mosaics. Coordinated by Eil Harrop.

Our mosaic group meets at 9.45 at the community centre in Kookaburra Avenue on Wednesdays. We welcome the prospect of some new members to join us to enjoy learning the process of making a mosaic. Members are surprised at the speed their skill develops once they master a couple of basics. Come along and join us, lovely group of members keen to share their knowledge and skills. We all learn together from sharing ideas.

Here are some photos of some of our early projects, some current ones, and some works in progress. Come and join us, you'll love it!



10. Health and Wellbeing. Group Leader Lyn Alder.

This group commenced this year and has been an overwhelming success. Lyn continues to demonstrate her knowledge in this area guiding attendees in the benefits of good Nutrition, reflexology, colour therapy, music therapy and meditation.

So if you want to know more about the benefits of good nutrition, therapies and meditation this class is conducted on Wednesdays at Wyndham Park Community Centre in Community Room 1 for 1:00pm to 2:30pm.

11. Cards-500. Group Leader, Nancy Clissold.

This activity is held at Lifestyle Seasons Retirement Community in Tarneit.

12. Book Club. Group Leader, Libby Pearson.

This activity is held on the second Wednesday of the month at different home venues.

13. Current Affairs. Group Leader, Carole Popham.

The Current Affairs group continues to prosper. We have been spoilt for topics. First there was the Russian President posturing on the borders of Ukraine before the invasion and continuing war. We discussed China's moves in the Pacific,

Covid management differences between states, and our Defence capabilities. Changing politics in Europe got a mention as did the problem of asylum seekers, skilled trade shortages and lack of housing to cope with community demands.

Federal and State elections were a diversion from the state of the economy and rising Interest rates.

Climate change and the floods, energy supplies, aged care, the crisis in the health system, even the up listing of Koalas to Endangered status all grabbed our attention.

Of course, we could not ignore the USA where former President Donald Trump still thinks he won the election and was right to store documents at his private residence.

Discussions on the issue of the US Supreme Court overturning Roe Vs Wade which means that states can now ban an abortion. However, it's still okay to buy an automatic rifle leading to the high rate of deaths including innocent school children.

We used a seminar format to decide what we see as the criteria for a political candidate and in plenary session concluded that it was possibly wishful thinking.

Complementing the stimulating discussions was morning tea made fantastic by the output from Tim, our baker extraordinaire.

If you would like to get involved on a Thursday morning, (and what could be better?) put us in your diary for 2023.



14. Mahjong. Group Leader Judy Conn.

This group has had an interesting and successful year at Wyndham Park Community Centre. During the year, we had a change of Group Leaders due to illness. We would like to personally thank Esther Cloonan for her diligent work and happy, positive demeanour as the earlier group leader. We hope to see her in much better health next year. Betty Seah, one of this year's new Mahjong members, introduced us to Eastern Mahjong and from the interest shown she then trained many of our players and brought along new members to our group. We now have more variety and choice of games.



Our players can play either Eastern or Western Mahjong or both styles during our weekly sessions. Both Mahjong styles use the same sets of tiles and involve concentration, mental dexterity, patience, persistence, and luck. We play with three to four people per table and can play up to four tables in our venue. If I've aroused your interest, you are most welcome to come along and see for yourselves. There is always room for more players.

COURSE COORDINATOR CORNER - COURSE INFORMATION (cont.)

15. Ballet Matinee. Group Leader, Cecilia-Conwaye-Wright.

This class is held on Friday mornings from 9:45 am to 11:45 am and is conducted in a private home. Cecilia's class is very much appreciated by her loyal group of attendees.



16. Let's Do Lunch. Group Leader, Suzanne Luder.

This activity meets on the third Friday of the Month, starting time at 12.30 pm. So, are you ready to go out to lunch again? Meet new people in new places, but not too far from home and where the venue has easy access with good parking.

Let's Do Lunch could be your activity!

We get together once a month at various Wyndham eateries, follow all the current health requirements as do the venues we go to.

We eat and chat. We laugh a lot, but mostly we just enjoy sharing a lunch with other U3A folk, discussing our daily lives and the events that interest us.



By the way, it's not just for the 'ladies who lunch' set. We do have gentlemen participating too.

NEW COURSES PLANNED FOR 2023

The following new courses are planned for 2023 and will run once there is sufficient expressions of interest. Please contact the course coordinator or Leader if you are interested.

Languages:

Beginners Japanese. Group Leader - Suzanne Luder.

Beginners French, German and even Latin. Group Leader - Wolfgang Grichting

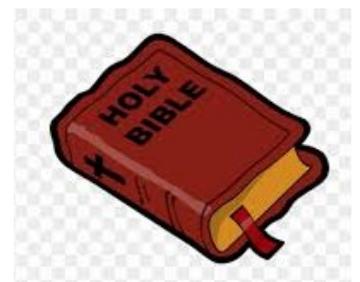
Games: Bolivia and Cribbage.

Art, Painting/drawing:

Creative Short story Writing or

Bible as Literature: Group Leader - Cecilia Conwaye-Wright.

Cecilia is preparing a series of studies under the heading of *The Bible as Literature*. This is a non-religious approach to a world best-seller and why it has succeeded. Some areas of study will be: History; Politics; Poetry; Social study; The Art of Story; World Parallels; Outstanding Leaders and Outstanding Failures; Ancient Science; Myth; Geography and Climate Events; Letters; The Roman World; and anything else that can be put together.



NOTICE OF U3A WERRIBEE 2023 ANNUAL GENERAL MEETING

The 32nd ANNUAL GENERAL MEETING of U3A Werribee Region Inc. will be held on Thursday, 16th February 2023 at the Wyndham Park Community Centre, Room 1, 55-57 Kookaburra Avenue, Werribee, commencing at 10.30 am.

Agenda

1. Welcome by the President.
2. Receive apologies.
3. Confirm and accept the minutes of the previous Annual General Meeting held on 5 April 2022 at Hoppers Crossing Sports Club.
4. Receive the following Annual Reports and Financial statement of accounts for 2022:
 - Presidents Report
 - Treasurer's Report and Audited Financial Statement.
 - Appointment of Auditor.
 - Membership Report.
 - Course Coordinators Report.
5. Election of Officers and Members to the Committee of Management consisting of the following positions: President, Vice-President, Secretary, Treasurer, Course Co-ordinator, Membership Co-ordinator, Publicity Officer, Network Delegate, Webmaster and four other Committee Members for the ensuing year. Please use the Nomination Form as shown below.
6. Motion regarding approval to accept and publish the following Draft U3A Werribee Region Inc Documents as Policy: Code of Conduct, Terms and Conditions, Privacy, Health and Safety, Risk Management, Asset Management and Strategic Plan 2023 – 2027.
7. General Business.



All U3A Werribee members are invited and encouraged to attend this meeting at which refreshments will also be provided. Any further details will be included on our U3A Werribee website.

U3A Werribee Committee Nomination Form

Name: _____

Position: _____

Proposer: _____

Secunder: _____

Acceptance of Nominee (please sign): _____

The Nomination form may be handed in or sent to:

Committee Positions, PO Box 1264 Werribee Plaza, Vic 3030.

Or sent via email to the Secretary: sec.u3awbee@hotmail.com

MUSIC YOU LIKE TO HEAR

Some people have said that they don't come to Music You Like to Hear because they don't know much about classical music. My reply is that that's all the more of a reason to attend – U3A is intended as a learning medium.

And don't imagine that we're a group of serious-minded intellectuals devoutly listening to recordings of symphonies and concertos. In fact, we try to get as close to the concert experience as possible by playing downloads of video clips from YouTube so that we can see the great orchestras and instrumentalists performing the music.

Many sessions are devoted to a particular composer with biographical information and the background to the compositions played. In this way we can learn about some of the great composers – this year we have heard about Tchaikovsky, Beethoven, Handel and Mozart and many others including some Australian ones.

And in case you imagine that our sessions are deadly earnest and humourless, the programme on Rachmaninov included his wonderfully romantic Second Piano Concerto. This music was used for great comic purposes in the movie *The Seven Year Itch* where Tom Ewell imagines seducing Marilyn Monroe as she swoons to the music. We were able to have a good laugh as we watched the relevant extract from the movie. The music was used extensively and more seriously in the movie *Brief Encounter* and when we watched the final scenes there were few dry eyes in the group.



We also learned a little about opera with video clips, again courtesy of YouTube. I tell the story of each opera and describe the context in which particular arias and duets are sung. As far as possible the clips have subtitles. This year we've learned about some of Mozart's operas, especially *The Marriage of Figaro*, which was very entertaining. Other operas we've looked at include Puccini's tear-jerker *La Boheme* and Bizet's *Carmen*.

On a lighter note, we watched a DVD of a BBC Prom Concert devoted to the songs of Rodgers and Hammerstein and the DVD of the acclaimed concert by The Three Tenors: Pavarotti, Carreras and Domingo. In the last week of 2022 we plan to watch the DVD of Disney's movie *Fantasia* which is a wonderful introduction to classical music.



You are very welcome to come along to a session of Music You Like to Hear to try us out. You'll be sure of a friendly reception.

John Funnell.

BALLET MATINEE

Our aim this year has been to watch DVDs of the major ballets and to widen our appreciation of the various world companies, the histories and the individual dancers. A very successful year.

Cecilia Conwaye-Wright

MEMBERSHIP NEWS

Our membership continues to grow with new members and some who have returned after a break and some whose records went on a Covid holiday and have now been relocated from the unknown to the known.

Special welcome to **Lynn Slade, Ray Babbage** and **Tony Chisolm**, our new members and welcome back to **Marilyn Jeffries, Lesley Harmer, Blanka Lobovska, Cheryl Roberts, Linda Woods** and **Antonia George**.

The renewals for 2023 are underway with forms being distributed initially through the various classes. The early start is to give me time to progressively work through the updating of the records. It is becoming clear that the lack of fees for continuing members during 2020, 2021 and 2022 has led to the “holiday

“phenomenon. It is also clear that people have changed abode and/or contact details. So I am checking everything and correcting what needs to be fixed. For this reason, it is essential that no matter which method of payment you choose, you need to fully complete and return the Renewal Form. This also applies to Group Leaders and Lifetime Members.

If you were unable to attend the recent Drop-In Renewal session you can still drop in your completed Renewal Form if you haven't already returned it. Either post it to PO Box 1264 Werribee Plaza Vic 3030 or email it to membership.u3awbee@hotmail.com

Remember to wear your Membership badge to classes and phone me on 0423 319 844 or email me at membership.u3awbee@hotmail.com if you need a replacement.

I hope to see you all ready for the start of Term 1 2023.

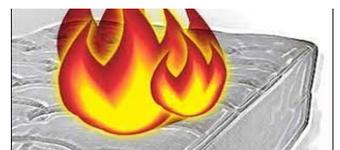
Carole Popham



YOU DIRTY OLD WOMAN!!

The year was 1910 and the smallholding next door to my Great Grandmother had bought the usual couple of dozen turkey chicks to fatten up for Christmas and a good sale. My Great Grandmother wanted to fix herself up with a new feather mattress but what to do with the old one was a bit of a problem.

There was only one solution and that was to burn the old thing and have a backyard bonfire. The smallholding had a yard full of turkey chicks and some if not most were still cosy in their little turkey houses. My Great Grandma's bonfire got started with the smoke rising beautifully into the country air but a breeze started to pick up and to waft all the smoke over next door's.



The smallholder rushed out. The little turkeys! He hastened to the roosting houses but too late ... the turkeys were suffocating. In fact most of them were dead.

'You dirty old woman!' He yelled at my Great Grandma. 'You dirty filthy old woman! Just look what you have done to my little turkeys!'

My Great Grandma was reputed to have blamed the change in the wind direction and none of it could possibly be her fault. A well told and well loved family story.

From Cecilia Conway-Wright

PROGRAM OF U3A WERRIBEE COURSES FOR TERM 1 of 2023

Monday 30 January – Thursday 6 April 2023

Day/Time	Activity	Group Leader/Tutor		Venue
MONDAY				
10.00 - 12.00	Exploring History	Rick Conn	0402 299 220	HRV
10.00 - 01.00	Lunch & Movies ⁽¹⁾	Judy Conn	0431 677 657	SY
10.30 - 11.30	Tai Chi	Bonnie Holmes	0408 360 537	TCC
TUESDAY				
09.30 - 10.30	Senior Men in Light Exercises	Tony Bradford	0447 139 202	HCSC
09.45 - 11.45	Needlecraft	Faye Weston	8754 1003	PH
10.00 - 12.00	Digital Device Applications	Don Lee	0402 330 314	HRV
01.00 - 02.00	French	Wolfgang Grichting	0400 672 470	HCSC
04.00– 05.30	Line Dancing	Vittoria Lucietto	0438 714 745	HRV
WEDNESDAY				
09.45 - 12.00	Mosaics	Eil Harrop	9749 3959	WPCC
10.00 - 02.00	Bolvia	Betty Seah	0410 634 236	HCSC
01.00 - 02.30	Health and Wellbeing	Lyn Alder	0459 449 916	WPCC
01.00 - 04.00	Cards — 500	Nancy Clissold	8742 2075	SD
01.30 - 03.00	Book Club ⁽²⁾	Libby Pearson	0428 109 896	PH
THURSDAY				
10.00 - 12.00	Current Affairs	Carole Popham	0423 319 844	HRV
12.30 - 03.15	Mahjong	Judy Conn	0431 677 657	WPCC
01.15 - 02.30	Yoga For Older People	Samantha Sepulveda	0419 893 944	WPCC
FRIDAY				
09.45 - 11.45	Ballet Matinee	Cecilia Conwayne-Wright	0407 558 825	PH
12.30 - 02.00	Let's do Lunch ⁽³⁾	Suzanne Luder	0404 131 052	TBA
01.00 - 03.00	Music You Like to Hear	John Funnell	9296 1036	HCSC

- Notes:**
- (1) The Lunch & Movie Group meet on the second Monday of the month at the Sun Theatre, Yarraville.
 - (2) This Book Club meets on the second Wednesday of the month at members' houses.
 - (3) The Lunch Group will run on the third Friday of the month.

**FOR ALL COURSE INQUIRIES: EMAIL: courses.u3awbee@hotmail.com
OR CONTACT OUR COURSE COORDINATOR RICK CONN ON 0402 299 220**

COURSE VENUES

GAC	Glendale Aged Care, Werribee, 265 Heaths Rd Werribee.
HRV	Heathglen Retirement Village, Glendale Crt (just off Heath Road), Werribee.
HCSC	Hoppers Crossing Sports Club, Hogans Road, Hoppers Crossing.
PH	Private Home: For details please contact the tutor.
SD	Lifestyle Seasons, 13 Sundial Boulevard Tarneit (at the Clubhouse).
SY	Sun Theatre, Yarraville.
TBA	To Be Advised. For further details please contact the tutor or course coordinator.
TCC	Tarneit Community Centre, c/r Leakes Road and Sunset Views Boulevard, Tarneit.
WPCC	Wyndham Park Community Centre, 57 Kookaburra Ave, Werribee.

WORDS OF WISDOM TO INSPIRE

"The best time to plant a tree was 20 years ago. The second best time is now." Chinese proverb.

"Success usually comes to those who are too busy to be looking for it." Henry David Thoreau,
(1817-1862) American naturalist, essayist, poet, and philosopher.

"All our dreams can come true if we have the courage to pursue them." Walt Disney (1901-1966).
American animator, film producer and entrepreneur.

"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future". The Bible, Jeremiah 29:11-12.

"Success is walking from failure to failure with no loss of enthusiasm." Winston Churchill, 1874-1965)
United Kingdom statesman, soldier, writer and former Prime Minister.

"I have not failed. I've just found 10,000 ways that won't work." Thomas Edison, (1847-1931) American
inventor and businessman.

"The whole secret of a successful life is to find out what is one's destiny to do, and then do it."
Henry Ford (1863-1947) American industrialist, businessman and founder of the Ford Motor Company.

"Start where you are. Use what you have. Do what you can." Arthur Ashe (1943-1993) American
professional tennis champion.

"Courage is resistance to fear, mastery of fear - not absence of fear." Mark Twain (1835-1910)
American writer.

What would you attempt to do if you knew you would not fail?" Robert Schuller (1926-2015) American
Christian televangelist, and pastor.

"Logic will get you from A to B. Imagination will take you everywhere." Albert Einstein 1879-1975)
German born physicist.

**THIS TRI - CYCLE NEWSLETTER IS PRINTED FOR U3A WERRIBEE BY COURTESY OF
TIM PALLAS, MEMBER OF THE VICTORIAN LEGISLATIVE ASSEMBLY FOR WERRIBEE.**

DISCLAIMER: This newsletter is for information purposes only and views expressed here are not necessarily those of U3A Werribee Region Inc. While efforts have been taken to ensure that the material contained in this newsletter is accurate, U3A Werribee Region Inc does not guarantee the accuracy or the completeness of any material.

MEMBERSHIP RENEWAL FOR 2023

Please complete this form in full to allow us to check and update your details

Please print clearly especially email and phone details

Title	Given Names	Family Name	
Street Address		Suburb	Post Code
Home Phone Number		Mobile Telephone Number	
Email Address			

FEES

Annual Membership Werribee U3A	Full Member	\$40.00
If a financial Member of another U3A You MUST supply 2023 details	Associate Member	\$15.00
<u>Full Membership with (U3A Name):</u>		
<u>Current Membership No: (if known)</u>		
Please enter amount payable.		

Payment may be made by:

- Direct Transfer into our bank account (Please make sure you put your full name and "renewal 2023" in the "description" field)
BSB No: 033 689 A/c. No: 169 623 Account Name: U3A Werribee Region Inc.,
- Cheque payable to U3A Werribee Region Inc.,
- Cash given directly to the Treasurer.

Regardless of method of payment, this form must be completed and returned. If posted, send to Membership Coordinator, U3A Werribee Region Inc., PO Box 1264, Werribee Plaza Vic 3030

Note:

You will be enrolled in the classes you indicated you want to continue on the 2022 Term 4 attendance sheet.

If you wish to change or add classes please contact the Course Coordinator, Rick Conn on 0402 299 220 or email courses.u3awbee@hotmail.com